

2023-24 Winter Athletes & Coaches of the Year

| Boys Basketball | |
|------------------------------|-----------------------|
| Athlete of the Year (School) | Yadiel Cruz (Reading) |
| Coach of the Year (School) | Matt Coldren (Wilson) |

| Girls Basketball | |
|------------------------------|----------------------------|
| Athlete of the Year (School) | Amaya Stewart (Wyomissing) |
| Coach of the Year (School) | Aaron Anders (Wyomissing) |

| Boys Bowling | |
|------------------------------|------------------------------------|
| Athlete of the Year (School) | John Giglio (Wilson) |
| Coach of the Year (School) | Amanda Shannon (Schuylkill Valley) |

| Girls Bowling | |
|------------------------------|----------------------------------|
| Athlete of the Year (School) | Valleri Addis (Governor Mifflin) |
| Coach of the Year (School) | Kari Addis (Governor Mifflin) |

| Boys Swimming & Diving | |
|-----------------------------------|-----------------------------------|
| Swimmer of the Year (School) | Brady Robidas (Muhlenberg) |
| Diver of the Year (School) | Alex Wodehouse (Governor Mifflin) |
| Coach of the Year (School) | Roy Snyder (Wilson) |

| Girls Swimming & Diving | |
|------------------------------------|-------------------------|
| Swimmer of the Year (School) | Emma Dougherty (Wilson) |
| Diver of the Year (School) | Kate Elgin (Wilson) |
| Coach of the Year (School) | Tom Houck (Wilson) |

| Wrestling | |
|------------------------------|-----------------------------|
| Athlete of the Year (School) | Tucker Hogan (Daniel Boone) |
| Coach of the Year (School) | Jason Gible (Wilson) |