2023 Fall Athletes & Coaches of the Year

Boys Cross Country	
Athlete of the Year (School)	David Giles (Wyomissing)
Coach of the Year (School)	Todd Witkowski (Exeter Township)

Girls Cross Country	
Athlete of the Year (School)	Kaitlyn Highduch (Governor Mifflin)
(Co) Coach of the Year (School)	Jack Heim (Governor Mifflin)
	Russ Keith (Exeter Township)

Field Hockey	
Athlete of the Year (School)	Morgan Snyder (Oley Valley)
Coach of the Year (School)	Tiffany Cappellano (Oley Valley)

Football	
Player of the Year (School)	Tommy Hunsicker (Wilson)
Coach of the Year (School)	Bob Wolfrum (Wyomissing)
Offensive Back of the Year (School)	Jayden Zandier (Exeter Township)
Reciever of the Year (School)	Edison Case (Wilson)
Offensive Lineman of the Year (School)	Caleb Brewer (Wyomissing)
Defensive Back of the Year (School)	Nate Pashley (Exeter Township)
Linebacker of the Year (School)	Ryker Jones (Wyomissing)
Defensive Lineman of the Year (School)	Caleb Brewer (Wyomissing)

Golf	
Male Athlete of the Year (School)	Chase Yenser (Daniel Boone)
Female Athlete of the Year (School)	Kayla Maletto (Wilson)
Coach of the Year (School)	Joe Ricapito (Tulpehocken)

Boys Soccer	
Athlete of the Year (School)	Davin Millisock (Fleetwood)
Coach of the Year (School)	Derek Long (Conrad Weiser)

Girls Soccer	
Athlete of the Year (School)	Sophia Zeppos (Wyomissing)
Coach of the Year (School)	Jason Bagenstose (Schuylkill Valley)

Girls Tennis	
Athlete of the Year (School)	Emma Perkins (Conrad Weiser)
Coach of the Year (School)	Michael Herman (Exeter Township)

Girls Volleyball	
Athlete of the Year (School)	Airyanna Kline (Wilson)
Coach of the Year (School)	Bob Robinette (Twin Valley)