

2023 Spring Athletes & Coaches of the Year

Baseball	
Athlete of the Year (School)	Tyler Minick (Governor Mifflin)
Coach of the Year (School)	Chris Hole (Governor Mifflin)

Boys Lacrosse	
Athlete of the Year (School)	Ty Yonas (Exeter Township)
Coach of the Year (School)	Derek Stump (Exeter Township)

Girls Lacrosse	
Athlete of the Year (School)	Paige Borkowski (Twin Valley)
Coach of the Year (School)	Keith Reidinger (Wyomissing)

Softball	
Athlete of the Year (School)	Kylah Reading (Hamburg)
Coach of the Year (School)	Kevin Conrad (Kutztown)

Boys Tennis	
Athlete of the Year (School)	Teddy Snyder (Exeter Township)
Coach of the Year (School)	Todd Gensemer (Wilson)

Boys Track & Field	
Athlete of the Year (School)	Brady Mider (Berks Catholic)
Coach of the Year (School)	Brian Holden (Twin Valley)

Girls Track & Field	
Athlete of the Year (School)	Sarah Ann Miller (Twin Valley)
Coach of the Year (School)	Doug Dahms (Wilson)

Boys Volleyball	
Athlete of the Year (School)	Chase Nugent (Exeter Township)
Coach of the Year (School)	Matt Hadley (Exeter Township)