

2022-23 Winter Athletes & Coaches of the Year

Boys Basketball	
Athlete of the Year (School)	Ruben Rodriguez (Reading)
Coach of the Year (School)	Matt Ashcroft (Exeter Township)

Girls Basketball	
Athlete of the Year (School)	Amaya Stewart (Wyomissing)
Coach of the Year (School)	Aaron Anders (Wyomissing)

Boys Bowling	
Athlete of the Year (School)	Ayden Davis (Antietam)
Coach of the Year (School)	Ryan Wyandt (Wilson)

Girls Bowling	
Athlete of the Year (School)	Frankie Kelly (Muhlenberg)
Coach of the Year (School)	George Torak (Daniel Boone)

Wrestling	
Athlete of the Year (School)	Tucker Hogan (Daniel Boone)
Coach of the Year (School)	Derek Sola (Berks Catholic)