

Governor Mifflin Junior High
Annual County Track & Field Meet
TIME SCHEDULE OF EVENTS (Tentative)

- 3:00 - Coaches Meeting

- 3:45 - 110 Meter Hurdles – Boys Trials
- 4:00 - 100 Meter Hurdles – Girls Trials
- 4:15 - 100 Meter Dash – Boys Trials
- 4:30 - 100 Meter Dash – Girls Trials
- 4:45 - 1600 Meter Run – Boys Finals
- 5:05 - 1600 Meter Run – Girls Finals
- 5:25 - 200 Meter Dash – Boys Trials
- 5:40 - 200 Meter Dash – Girls Trials
- 5:55 - 4 x 100 Meter Relay – Boys Finals
- 6:10 - 4 x 100 Meter Relay – Girls Finals
- 6:25 - 400 Meter Dash – Boys Finals
- 6:35 - 400 Meter Dash – Girls Finals

BREAK

BREAK

BREAK

- 6:50 - 110 Meter Hurdles – Boys Finals
- 6:55 - 100 Meter Low Hurdles – Girls Finals
- 7:05 - 100 Meter Dash – Boys Finals
- 7:10 - 100 Meter Dash – Girls Finals
- 7:15 - 800 Meter Run – Boys Finals
- 7:30 - 800 Meter Run – Girls Finals
- 7:45 - 200 Meter Dash – Boys Finals
- 7:50 - 200 Meter Dash – Girls Finals
- 7:55 - 4 x 400 Meter Relay – Boys Finals
- 8:05 - 4 x 400 Meter Relay – Girls Finals

FIELD EVENTS

(Trials and Finals)

- 3:30 High Jump – Girls first, Boys at conclusion of Girls
- 4:00 Long Jump (Boys & Girls) all trials must be completed by 5:30
- 4:00 Boys Pole Vault, Girls at conclusion of Boys
- 4:00 Discus (Boys)
- 4:00 Shot Put (Girls)
- Discus Girls at conclusion of Shot Put
- Shot Put Boys at conclusion of Discus